

One Year Old Program



Program Features

Toddlers learn through sensory experiences that enhance their cognitive, language, motor, and social skills. They give objects in their world names building their vocabulary to better express themselves. They practice the value of sharing and cooperating through group play. Children at this stage start to develop friendships and gain confidence as they use their new words and interact with others. Through the Frog Street Curriculum, we create a stimulating and fun learning environment so that your toddler is involved in hands-on experiences, real-life adventures, and assisted discovery as he/she explores concepts through play.

It is important for children to express themselves creatively. Included in the toddler's day are opportunities for creative expression through a variety of art, music, and cognitive experiences. Small and large motor coordination activities are provided both indoors and outdoors and are an integral part of your child's day. A variety of toys and materials are available at the child's level giving each child the freedom and opportunity to make choices.

The Mustard Seed's toddler-specific curriculum enables your child to grow in confidence and learn to walk tall in their new world.



Learning Through Exploration!

Your toddler has so many things he or she wants to see and do, and we'll be there to guide your child every step of the way. The Mustard Seed Ones Program focuses on active exploration and hands-on learning activities to help your child gain independence while promoting confidence in his or her learning abilities. Our experienced, nurturing teachers allow children to grow at their own pace by helping children develop language skills that enhance their ability to express themselves and communicate their needs.



Healthy Minds' and Bodies

A well-rounded curriculum focuses comprehensively on all aspects of development, including healthy growth, physical development, movement, and well-being. The more children can make their minds and bodies work together, the stronger the learning -- and their bodies will be healthier, too. Toddlers are naturally curious and want to explore the world around them. We have designed our classrooms and equipment to support safe exploration so your child has room to discover, build motor skills, and improve coordination. Activities focus on experimenting with space to develop balance, hand/eye coordination, participation in creative movements to music, and more.

Brain Games

When provided with meaningful topics in a setting where there is a focus on making connections and solving problems, children become amazingly deep and powerful thinkers! The Mustard Seed staff nurtures and encourages children's natural enthusiasm for learning. With topics that children can easily understand and apply to their environment, we lead children to make cognitive connections solving social, language, math, and science problems. Many "I wonder..." opportunities are provided throughout each day, allowing children to practice the art of inquiry.

First Words

A foundation for reading success begins as early as the first few months of life. Our curriculum is designed to challenge children to use symbolic thinking as they explore materials and participate with their peers. Introducing toddlers to books and language nourishes early literacy development. Toddlers focus on first words and phrases, vocabulary development, following simple directions, and identifying and naming familiar items.

Creative Arts

Exploring art materials and experiencing music, dance, and drama enrich the classroom. Our experienced teachers reinforce important developmental objectives through these creative, fun experiences. Creative arts activities are designed to introduce toddlers to cause and effect, self-expression through art and music, and taking on pretend roles.



"A Great Place to Learn and Grow!"